The historic Paugussett Trail stretches 13 miles from Buddington Road in Shelton to East Village in Monroe. The trail is designed for advanced hikers, and is closed to mountain bikes except at Shelton Lakes. Portions of the trail are steep or have difficult footing. Most of the route crosses public land, but a few sections are on private property, and users are asked to stay on the trail and be respectful.

Trail features include: Eklund Wildflower Garden, Hope Lake, Silent Waters, Indian Well Falls, and overlooks of the Housatonic River and Lake Zoar.

Rustic trailside campsites are available at Webb Mountain Park (contact the Monroe Parks Department for information). The trail is marked with blue blazes on trees or other objects. A pair of offset blue blazes indicates a turn in the direction of the upper blaze. Where the trail follows a roadway, look for blazes on telephone poles, curbs, or manhole covers.
PARKING
There are many places with limited parking along the trail (see map). Larger lots that may accommodate groups include: Nells Rock Road; Shelton Dog Park; Shelton Intermediate School (when school is not in session); Indian Well State Park (Falls parking); and Webb Mountain Park in Monroe.

MILEAGE (Approx.)
From Buddington Rd
Hope Lake 1.4 mi.
Silent Waters 2.1 mi.
Indian Well Falls 4.6 mi.
Birchbank Mtn 6.6 mi
Webb Mtn 10.5 mi
Cottage St./Lake Zoar 12 mi.
Barnhill Road, Monroe 13 mi

RULES
Portions of CT Blue-Blazed Trails pass through private property. Please stay on the trail and respect the property you are passing through. No mountain bikes except within parks where bikes are allowed. No motorize vehicles – please report ATVs to the police. No camping or fires except in designated areas (Webb Mountain).

BACKGROUND
The Paugussett Trail was built during the 1930s under the auspices of the Connecticut Forest and Park Association (CFPA) with labor from the CCC and WPA Great Depression work programs. The origin trail stretched from Monroe to Roosevelt Forest in Stratford, but was cut off by development south of Indian Well in the 1960s. A portion of the trail was restored to Buddington Road by the Shelton Trails Committee and accepted by CFPA in 2013. There are more than 825 miles of CFPA Blue-Blazed Trails in Connecticut.

FOR MORE INFORMATION
Connecticut Forest and Park Association: ctwoodlands.org.
Shelton Conservation Commission and Trails Committee: sheltonconservation.org

2015 Shelton Conservation Commission