Parking is on Indian Well Road / Birchbank Road one full mile north of the Indian Well State Park beach area, at the RR crossing. Do not confuse with the white-blazed Paugussett access trail located near the beach. Parking coordinates are 41.354033,-73.140986.

Trails are moderate to challenging with an elevation gain of about 300 feet to the Housatonic overlook (seasonal).

The “Blue Dot” Paugussett Trail dates back to the 1930’s and is part of Connecticut’s official 825-mile “Blue Blazed Trail” system maintained by the Connecticut Forest and Parks Association (CFPA). A full map and description of the Paugussett Trail is included in CFPA’s “Connecticut Walk Book: West Edition.” See ctwoodlands.org for more information.